

Missing Your Kids?



ParentsBeyondBreakup
Empowering families - Creating futures



Every 3-4 days, a traumatised non custodial parent will end their life

"I've lost my kids, my partner, my home, my dignity, my role. All my dreams, just gone. They say I'm a bad parent, that the kids don't want to see me. It's not true. I'm so stressed. I'm not coping. My job is at risk. I'm already in debt. Why is this happening? Does anyone believe me? What do I do now?"

There is hope. There is help.

Call 1300 853 437

helpline@parentsbeyondbreakup.com

parentsbeyondbreakup.com



Australian Government
Department of Social Services

Parents Beyond Breakup is a national charity operating Dads in Distress and Mums in Distress frontline support services. More than half of recently separated dads report feeling suicidal. Our volunteers are separated parents, helping separated parents. We understand what you are going through. Support groups are located across Australia; or help us get one started near you. We always welcome new volunteers!